



Holistic Student Assessment with Strengths and Difficulties Questionnaire

Dear student,

This survey is all about your experiences, thoughts, and feelings in school and out of school. Your survey answers are used to help your school or program know you better. Teachers and staff do not see your answers to these questions. Teachers and staff will see your answers to questions about gender, primary language, and race/ethnicity. However, you may select "prefer not to answer" for these questions.

Please remember:

- This survey is not a test, and this means there are no "right" or "wrong" answers.
- Please take your time and answer all of the questions as honestly as you can.
- This survey is voluntary, and this means you can stop at any time.

What is your name?

First Name: _____

Last Name: _____

If you have any questions, please raise your hand and ask for help.

What is TODAY's date? (the day you are taking the survey)

Month		Day		Year	

How old are you? _____

What is your birthday?

--	--	--	--	--	--



First Name: _____ Last Name: _____

Month Day Year

Which gender do you most identify with?

- Boy
- Girl
- Prefer to self-describe:

- Prefer not to answer

DO NOT COPY



First Name: _____ Last Name: _____

For each of the following sentences, please pick the bubble that matches what you think about the sentence.

	Not at All	Sometimes	Often	Almost Always
1. I like to learn new things.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. I stand up for things that matter to me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. When I see another kid who is hurt or upset, I feel sorry for them.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4. There are adults I look up to and admire.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5. I try to look at a situation in different ways.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6. I like to help people with their problems.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7. I like to move my body.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8. I tell people what I think.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9. If the way I'm doing something isn't working, I try to think of different ways to do it.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10. I get into trouble because I say a lot of things that just come to my mind.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11. I have friends I can trust.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12. I think most people are fair.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
13. Other people like to follow me when I say or do things.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
14. I trust other people.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
15. I say what I think even if adults or friends disagree.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
16. When I see someone being bullied, I feel sorry for them.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
17. I want to be a good student.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
18. When things don't go my way, I quickly get really mad.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
19. I will get good grades on school exams.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
20. I talk with adults if I have problems.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
21. Other kids like me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
22. School is so important that it is worth putting up with things I don't like.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
23. I like being active.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
24. People will help someone who is in trouble.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
25. I work hard in school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
26. Other people's feelings matter to me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
27. I feel bad for other kids who are sad or have problems.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
28. I try to learn new things outside of school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
29. Classes with lots of hands-on activities are my favorite.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
30. I am shy with other people.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
31. I care about my school community.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
32. If I fail to solve a problem, I try again until I find the solution.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
33. I feel good when I fulfill my responsibilities.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
34. Even if I am having a bad time, I am able to see good things in my life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
35. I have friends who care about me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



First Name: _____ Last Name: _____

For each of the following sentences, please pick the bubble that matches what you think about the sentence.

	Not at All	Sometimes	Often	Almost Always
36. I like to learn about myself.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
37. Most people can be trusted.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
38. I feel like people understand me at my school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
39. I have more good times than bad times.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
40. I stick up for myself against unfair rules.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
41. There is at least one adult I can talk to about my problems.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
42. I am happy with the choices I make in my life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
43. More good things than bad things will happen to me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
44. I get along well with people my age.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
45. I think that I am a lucky person.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
46. I think a lot before I make a decision.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
47. Adults are interested in what I have to say.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
48. Exercise is important to me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
49. Teachers treat students fairly at my school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
50. I like to think of different ways to solve a problem.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
51. I work hard to achieve goals even if things get in the way.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
52. I keep going with work even when it takes longer than I thought it would.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
53. When I try to accomplish something, I achieve it.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
54. I want to learn as much as I can whenever I can.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
55. Students feel safe at my school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
56. I think carefully before believing things people tell me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
57. I react to things so quickly I get in trouble.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
58. I get upset easily.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
59. I try to understand the world I live in.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
60. I am curious about new ideas.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
61. I like to figure out how things work.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

For each item, please pick the bubble for Not True, Somewhat True or Certainly True. It would help us if you answered all items as best you can even if you are not absolutely certain. Please give your answers on the basis of how things have been for you over the last six months.

	Not True	Somewhat True	Certainly True
1. I try to be nice to other people. I care about their feelings.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. I am restless, I cannot stay still for long.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. I get a lot of headaches, stomach-aches or sickness.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4. I usually share with others, for example games and food.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5. I get very angry and often lose my temper.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6. I would rather be alone than with people of my age.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7. I usually do as I am told.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8. I worry a lot.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

9. I am helpful if someone is hurt, upset or feeling ill.
10. I am constantly fidgeting or squirming.

For each item, please pick the bubble for Not True, Somewhat True or Certainly True. It would help us if you answered all items as best you can even if you are not absolutely certain. Please give your answers on the basis of how things have been for you over the last six months.

	Not True	Somewhat True	Certainly True
11. I have one good friend or more.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12. I fight a lot. I can make other people do what I want.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
13. I am often unhappy, depressed or tearful.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
14. Other people my age generally like me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
15. I am easily distracted, I find it difficult to concentrate.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
16. I am nervous in new situations. I easily lose confidence.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
17. I am kind to younger children.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
18. I am often accused of lying or cheating.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
19. Other children or young people pick on me or bully me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
20. I often offer to help others (parents, teachers, children).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
21. I think before I do things.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
22. I take things that are not mine from home, school or elsewhere.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
23. I get along better with adults than with people my own age.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
24. I have many fears, I am easily scared.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
25. I finish the work I'm doing. My attention is good.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

The main language spoken in my home is English: (Please select one)

- Yes
- No
- Prefer not to answer

Which of the following groups do you *most* identify with? (You may choose more than one)

- | | |
|---|---|
| <input type="radio"/> African-American, Black | <input type="radio"/> Native Hawaiian or Other Pacific Islander |
| <input type="radio"/> American Indian, Native American, or Alaskan Native | <input type="radio"/> White, Caucasian (non-Hispanic) |
| <input type="radio"/> Asian, Asian-American | <input type="radio"/> Prefer not to answer |
| <input type="radio"/> Caribbean Islander | <input type="radio"/> Prefer to self-describe: |
| <input type="radio"/> Latino or Hispanic | _____ |
| <input type="radio"/> Middle Eastern or Arab | |

What school do you go to?

This school year, I am in grade:

- 3 4 5 6 7 8 9 10 11 12 13

Who is your homeroom teacher?

Thank you for answering these questions!